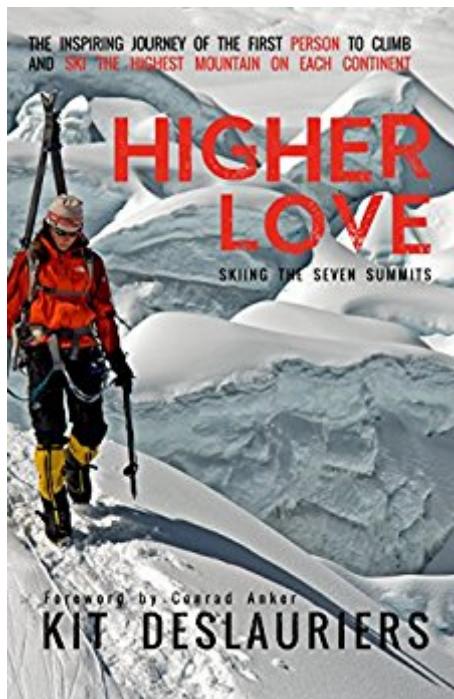


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# Higher Love: Skiing The Seven Summits



## Synopsis

Centered on her quest to climb and ski the "Seven Summits," Higher Love is a hero's journey, rich with personal insights, life-threatening consequences, and a thrilling crescendo. Spanning seven continents in just two years, this is Kit's personal account of the secret journey that would change her heart and her life forever. From braving Antarctica's bone-chilling temperatures to trudging through an African rain forest, from corn snow on the continental slopes of Australia to blue ice on Everest, Kit leads you up each mountain and gives you a heart-racing ride back down. This candid, fast-paced story shows how inspiration, teamwork and honoring our true nature blazes the trail to every summit, on or off the mountain.

## Book Information

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## Customer Reviews

Big adventures are often comprised of several mini-adventures—those fleeting moments of close calls and near-misses that could have easily evolved into life-threatening situations. But isn't unforeseen drama an ever-present, and arguably necessary ingredient to an adventure? Higher Love is a personal account of how Kit DesLauriers made good on her plan to ski the highest peak on each of the seven continents. Known as the Seven Summits, the list is composed of Everest,

Aconcagua, Denali, Kilimanjaro, Elbrus, Vinson Massif, and Kosciuszko. DesLauriers is a former pro patroller at Telluride ski area and the third woman to climb and ski the Grand Teton in Wyoming. Yet, even as a certified wilderness EMT, Rescue 3 international rope rescue instructor, and helicopter rescue technician, she was often forced to alter or abandon her well-calculated plans once she was on the mountain putting one ski boot in front of the other. The story grows richer with every peak. Her husband Rob accompanied her on most of the climbs, and on few occasions they ventured right next to death. DesLauriers writes: Here I was desperately trying to make all the right judgment calls about how to handle this absolute-worse-case scenario, and out of the blue I had this logical, objective vision, as if the rational part of me had already accepted that Robâ™s death was inevitable. Weâ™d entered into this climb knowing that the descent was risky. This was the life weâ™d both chosen, and weâ™d agreed not to regret living it. Itâ™s an easy temptation for adventure writers, whether knowingly or not, to weave in slightly exaggerated heroics.

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